

Site Name: **Conneaut**

Month: **October**

Monday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Tuesday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Wednesday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Thursday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Friday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain
3 Chocolate Elf Grahams & Fruit	4 Cheez-Its & Fruit	5 Scooby Grahams & Fruit	6 Cheetos & Fruit	7 Cheddar Chex Mix & Fruit
10 Cheetos & Fruit	11 Scooby Grahams & Fruit	12 Cheez-Its & Fruit	13 Chocolate Elf Grahams & Fruit	14 Scooby Grahams & Fruit
17 Scooby Grahams & Fruit	18 Cheddar Chex Mix & Fruit	19 Cheetos & Fruit	20 Cheez-Its & Fruit	21 Chocolate Elf Grahams & Fruit
24 Cheez-Its & Fruit	25 Scooby Grahams & Fruit	26 Cheetos & Fruit	27 Cheddar Chex Mix & Fruit	28 NO SCHOOL
31 Chocolate Elf Grahams & Fruit	1 Cheetos & Fruit	2 Scooby Grahams & Fruit	3 Cheetos & Fruit	4 Cheez-Its & Fruit

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

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3 Chocolate Elf Grahams & Fruit	4 Cheez-Its & Fruit	5 Scooby Grahams & Fruit	6 Cheetos & Fruit	7 Cheddar Chex Mix & Fruit
10 Cheetos & Fruit	11 Scooby Grahams & Fruit	12 Cheez-Its & Fruit	13 Chocolate Elf Grahams & Fruit	14 Scooby Grahams & Fruit
17 Scooby Grahams & Fruit	18 Cheddar Chex Mix & Fruit	19 Cheetos & Fruit	20 Cheez-Its & Fruit	21 Chocolate Elf Grahams & Fruit
24 Cheez-Its & Fruit	25 Scooby Grahams & Fruit	26 Cheetos & Fruit	27 Cheddar Chex Mix & Fruit	28 NO SCHOOL
31 Chocolate Elf Grahams & Fruit	1 Cheetos & Fruit	2 Scooby Grahams & Fruit	3 Cheetos & Fruit	4 Cheez-Its & Fruit

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

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<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>3</p> <p><i>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheddar Chex Mix & Fruit</i></p>	<p>4</p> <p><i>AM: Cinnamon Toast Crunch Cereal, Nutrigrain Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Elf Grahams & Fruit</i></p>	<p>5</p> <p><i>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheetos & Fruit</i></p>	<p>6</p> <p><i>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheez-Its & Fruit</i></p>	<p>7</p> <p><i>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheddar Chex Mix & Fruit</i></p>
<p>10</p> <p><i>AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Elf Grahams & Fruit</i></p>	<p>11</p> <p><i>AM: Cocoa Puffs Cereal, Nutrigrain Bar, Fruit, & Milk</i></p> <p><i>PM: Cheddar Chex Mix & Fruit</i></p>	<p>12</p> <p><i>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Chip Oat Bar & Fruit</i></p>	<p>13</p> <p><i>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Elf Grahams & Fruit</i></p>	<p>14</p> <p><i>AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheetos & Fruit</i></p>
<p>17</p> <p><i>AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Elf Grahams & Fruit</i></p>	<p>18</p> <p><i>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheetos & Fruit</i></p>	<p>19</p> <p><i>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheddar Chex Mix & Fruit</i></p>	<p>20</p> <p><i>AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Elf Grahams & Fruit</i></p>	<p>21</p> <p><i>AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheetos & Fruit</i></p>
<p>24</p> <p><i>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheddar Chex Mix & Fruit</i></p>	<p>25</p> <p><i>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheetos & Fruit</i></p>	<p>26</p> <p><i>AM: Cinnamon Toast Crunch Cereal, Nutrigrain Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Elf Grahams & Fruit</i></p>	<p>27</p> <p><i>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Chip Oat Bar & Fruit</i></p>	<p>28</p> <p><i>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheetos & Fruit</i></p>
<p>31</p> <p><i>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Elf Grahams & Fruit</i></p>	<p>1</p> <p><i>AM: Cinnamon Toast Crunch Cereal, Nutrigrain Bar, Fruit, & Milk</i></p> <p><i>PM: Cheetos & Fruit</i></p>	<p>2</p> <p><i>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheez-Its & Fruit</i></p>	<p>3</p> <p><i>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Cheddar Chex Mix & Fruit</i></p>	<p>4</p> <p><i>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk</i></p> <p><i>PM: Chocolate Elf Grahams & Fruit</i></p>

* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: Eastwood

Month: October

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>3</p> <p>NO SCHOOL</p>	<p>4</p> <p>Cocoa Puffs Cereal Bar & Fruit</p>	<p>5</p> <p>Cheddar Chex Mix & Fruit</p>	<p>6</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>7</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>
<p>10</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>11</p> <p>Cheddar Chex Mix & Fruit</p>	<p>12</p> <p>Cocoa Puffs Cereal Bar & Fruit</p>	<p>13</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>14</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>
<p>17</p> <p><i>Nutrigrain Bar & Fruit</i></p>	<p>18</p> <p><i>Cheez Its & Fruit</i></p>	<p>19</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>20</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>	<p>21</p> <p><i>Cheez Its & Fruit</i></p>
<p>24</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>	<p>25</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>26</p> <p><i>Nutrigrain Bar & Fruit</i></p>	<p>27</p> <p><i>Cheez Its & Fruit</i></p>	<p>28</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>
<p>31</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>1</p> <p><i>Cheez Its & Fruit</i></p>	<p>2</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>3</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>4</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: Kenwood

Month: October

Monday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Tuesday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Wednesday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Thursday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Friday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain
3 Scooby Grahams & Fruit	4 Chocolate Elf Grahams & Fruit	5 Cheetos & Fruit	6 Scooby Grahams & Fruit	7 Cheddar Chex Mix & Fruit
10 Chocolate Elf Grahams & Fruit	11 Trix Cereal Bar & Fruit	12 Cheddar Chex Mix & Fruit	13 Cheetos & Fruit	14 Chocolate Elf Grahams & Fruit
17 Scooby Grahams & Fruit	18 Cheetos & Fruit	19 Chocolate Elf Grahams & Fruit	20 Cheddar Chex Mix & Fruit	21 Scooby Grahams & Fruit
24 Scooby Grahams & Fruit	25 Chocolate Elf Grahams & Fruit	26 Cheetos & Fruit	27 Scooby Grahams & Fruit	28 NO SCHOOL
31 Chocolate Elf Grahams & Fruit	1 Scooby Grahams & Fruit	2 Cheetos & Fruit	3 Scooby Grahams & Fruit	4 Cheddar Chex Mix & Fruit

* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: Lake

Month: October

Monday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Tuesday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Wednesday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Thursday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Friday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain
3 Bug Bites & Fruit	4 Marshmallow Treat & Fruit	5 Cheddar Chex Mix & Fruit	6 <i>Cinnamon Toast Crunch Cereal Bar & Fruit</i>	7 <i>Chocolate Elf Grahams & Fruit</i>
10 Cheddar Chex Mix & Fruit	11 <i>Scooby Grahams & Fruit</i>	12 Bug Bites & Fruit	13 Marshmallow Treat & Fruit	14 Cheddar Chex Mix & Fruit
17 <i>Chocolate Elf Grahams & Fruit</i>	18 Marshmallow Treat & Fruit	19 <i>Cinnamon Toast Crunch Cereal Bar & Fruit</i>	20 Cheddar Chex Mix & Fruit	21 <i>Scooby Grahams & Fruit</i>
24 Cheddar Chex Mix & Fruit	25 Bug Bites & Fruit	26 Marshmallow Treat & Fruit	27 <i>Scooby Grahams & Fruit</i>	28 Cheddar Chex Mix & Fruit
31 <i>Scooby Grahams & Fruit</i>	1 <i>Cinnamon Toast Crunch Cereal Bar & Fruit</i>	2 <i>Chocolate Elf Grahams & Fruit</i>	3 Cheddar Chex Mix & Fruit	4 Marshmallow Treat & Fruit

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: North Baltimore

Month: *October*

Monday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Tuesday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Wednesday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Thursday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain	Friday AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains PM- **Serve child the following: 1 Fruit and 1 Grain
3 Marshmallow Treat & Fruit	4 Cheddar Chex Mix & Fruit	5 Chocolate Elf Grahams & Fruit	6 Marshmallow Treat & Fruit	7 Chocolate Elf Grahams & Fruit
10 Chocolate Elf Grahams & Fruit	11 Marshmallow Treat & Fruit	12 Chocolate Elf Grahams & Fruit	13 Cheddar Chex Mix & Fruit	14 Chocolate Elf Grahams & Fruit
17 Marshmallow Treat & Fruit	18 Cheddar Chex Mix & Fruit	19 Chocolate Elf Grahams & Fruit	20 Marshmallow Treat & Fruit	21 Chocolate Elf Grahams & Fruit
24 Cheddar Chex Mix & Fruit	25 Chocolate Elf Grahams & Fruit	26 Marshmallow Treat & Fruit	27 Chocolate Elf Grahams & Fruit	28 Cheddar Chex Mix & Fruit
31 Marshmallow Treat & Fruit	1 Chocolate Elf Grahams & Fruit	2 Marshmallow Treat & Fruit	3 Chocolate Elf Grahams & Fruit	4 Cheddar Chex Mix & Fruit

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: Northwood

Month: October

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>3</p> <p>Marshmallow Treat & Fruit</p>	<p>4</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>5</p> <p>Scooby Grahams & Fruit</p>	<p>6</p> <p>Cheez-Its & Fruit</p>	<p>7</p> <p>Cheddar Chex Mix & Fruit</p>
<p>10</p> <p>Cheez-Its & Fruit</p>	<p>11</p> <p>Bug Bites & Fruit</p>	<p>12</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>13</p> <p>Scooby Grahams & Fruit</p>	<p>14</p> <p>Marshmallow Treat & Fruit</p>
<p>17</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>18</p> <p>Cheddar Chex Mix & Fruit</p>	<p>19</p> <p>Cheez-Its & Fruit</p>	<p>20</p> <p>NO SCHOOL</p>	<p>21</p> <p>NO SCHOOL</p>
<p>24</p> <p>Scooby Grahams & Fruit</p>	<p>25</p> <p>Cheez-Its & Fruit</p>	<p>26</p> <p>Cheddar Chex Mix & Fruit</p>	<p>27</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>28</p> <p>Cheez-Its & Fruit</p>
<p>31</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>1</p> <p>Goldfish & Fruit</p>	<p>2</p> <p>Marshmallow Treat & Fruit</p>	<p>3</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>4</p> <p>Cheez-Its & Fruit</p>

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: Rossford


Month: *October*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>3</p> <p>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Cheddar Chex & Fruit</p>	<p>4</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams & Fruit</p>	<p>5</p> <p>AM: Cocoa Puffs Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>	<p>6</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>7</p> <p>AM: Trix, Cinnamon Toast Crunch Cereal, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>
<p>10</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>	<p>11</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>12</p> <p>AM: Trix Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams & Fruit</p>	<p>13</p> <p>AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Cheetos & Fruit</p>	<p>14</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>
<p>17</p> <p>AM: Trix Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Cheez-Its & Fruit</p>	<p>18</p> <p>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>19</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>	<p>20</p> <p>NO SCHOOL</p>	<p>21</p> <p>NO SCHOOL</p>
<p>24</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Cheez-Its & Fruit</p>	<p>25</p> <p>AM: Cocoa Puffs Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>	<p>26</p> <p>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams & Fruit</p>	<p>27</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>28</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Cheddar Chex & Fruit</p>
<p>31</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit & Milk</p> <p>PM: Cheez-Its & Fruit</p>	<p>1</p> <p>AM: Trix Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>2</p> <p>AM: Trix Cereal, Nutrigrain Bar, Fruit, and Milk</p> <p>PM: Goldfish & Fruit</p>	<p>3</p> <p>AM: Trix, Cinnamon Toast Crunch Cereal, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>4</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit & Milk</p> <p>PM: Cheetos & Fruit</p>

* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

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<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>3 <i>Munchies, Fruit, Cheese Stick</i></p>	<p>4 <i>Scooby Grahams, Fruit, Cheese Stick</i></p>	<p>5 <i>Cheez-its, Fruit, Cheese Stick</i></p>	<p>6 <i>Marshmallow Treat, Fruit, Cheese Stick</i></p>	
<p>10 <i>Scooby Grahams, Fruit, Cheese Stick</i></p>	<p>11 <i>Munchies, Fruit, Cheese Stick</i></p>	<p>12 <i>Marshmallow Treat, Fruit, Cheese Stick</i></p>	<p>13 <i>Cheez-its, Fruit, Cheese Stick</i></p>	
<p>17 <i>Marshmallow Treat, Fruit, Cheese Stick</i></p>	<p>18 <i>Cheez-its, Fruit, Cheese Stick</i></p>	<p>19 CLOSED</p>	<p>20 CLOSED</p>	
<p>24 <i>Munchies, Fruit, Cheese Stick</i></p>	<p>25 <i>Marshmallow Treat, Fruit, Cheese Stick</i></p>	<p>26 <i>Cheez-its, Fruit, Cheese Stick</i></p>	<p>27 <i>Scooby Grahams, Fruit, Cheese Stick</i></p>	
<p>31 CLOSED</p>	<p>1 <i>Scooby Grahams, Fruit, Cheese Stick</i></p>	<p>2 <i>Marshmallow Treat, Fruit, Cheese Stick</i></p>	<p>3 <i>Munchies, Fruit, Cheese Stick</i></p>	

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider