




<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
	<p>1</p> <p>Cheetos & Fruit</p>	<p>2</p> <p>Scooby Grahams & Fruit</p>	<p>3</p> <p>Cheetos & Fruit</p>	<p>4</p> <p>NO SCHOOL</p>
<p>7</p> <p>Trix Cereal Bar & Fruit</p>	<p>8</p> <p>Cheez-Its & Fruit</p>	<p>9</p> <p>Cheddar Chex Mix & Fruit</p>	<p>10</p> <p>Tiger Bites & Fruit</p>	<p>11</p> <p>Cheetos or Cheez-its & Fruit</p>
<p>14</p> <p>Tiger Bites & Fruit</p>	<p>15</p> <p>Cheddar Chex Mix & Fruit</p>	<p>16</p> <p>Trix Cereal Bar & Fruit</p>	<p>17</p> <p>Cheez-Its & Fruit</p>	<p>18</p> <p>Cheddar Chex Mix & Fruit</p>
<p>21</p> <p>Cheez-Its & Fruit</p>	<p>22</p> <p>Cheetos & Fruit</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>
<p>28</p> <p>Cheetos & Fruit</p>	<p>29</p> <p>Cheez-Its & Fruit</p>	<p>30</p> <p>Cheddar Chex Mix & Fruit</p>	<p>1</p> <p>Trix or Cocoa Puffs Cereal Bar & Fruit</p>	<p>2</p> <p>Scooby Grahams & Fruit</p>

* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

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	<p>1</p> <p>AM: Cinnamon Toast Crunch, Nutrigrain Bar, Fruit, & Milk PM: Cheetos & Fruit</p>	<p>2</p> <p>AM: Cocoa Puffs, Trix Cereal Bar, Fruit, & Milk PM: Cheez-its & Fruit</p>	<p>3</p> <p>AM: Trix, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk PM: Cheddar Chex Mix & fruit</p>	<p>4</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Chocolate Elf Grahams & Fruit</p>
<p>7</p> <p>AM: Cinnamon Toast Crunch, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Chocolate Elf Grahams & Fruit</p>	<p>8</p> <p>AM: Cheerios, Cinnamon Toast Crunch Cereal bar, Fruit & Milk PM: Trix Cereal Bar & Fruit</p>	<p>9</p> <p>AM: Cinnamon Toast Crunch, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Cheetos & Fruit</p>	<p>10</p> <p>AM: Cocoa Puffs, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk PM: Trix Cereal Bar & Fruit</p>	<p>11</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Cheddar Chex Mix & fruit</p>
<p>14</p> <p>AM: Cocoa Puffs, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk PM: Cheddar Chex Mix & fruit</p>	<p>15</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Trix Cereal Bar & Fruit</p>	<p>16</p> <p>AM: Cocoa Puffs, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk PM: Chocolate Elf Grahams & Fruit</p>	<p>17</p> <p>AM: Cinnamon Toast Crunch, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>18</p> <p>AM: Cheerios, Cinnamon Toast Crunch Cereal bar, Fruit & Milk PM: Trix Cereal Bar & Fruit</p>
<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>NO SCHOOL</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>
<p>28</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Trix Cereal Bar & Fruit</p>	<p>29</p> <p>AM: Cocoa Puffs, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk PM: Cheddar Chex Mix & fruit</p>	<p>30</p> <p>AM: Cinnamon Toast Crunch, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Trix Cereal Bar & Fruit</p>	<p>1</p> <p>AM: Cheerios, Cinnamon Toast Crunch Cereal bar, Fruit & Milk PM: Cheddar Chex Mix & fruit</p>	<p>2</p> <p>AM: Cinnamon Toast Crunch, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Marshmallow Treat & Fruit</p>

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	<p>1</p> <p>Cheez-Its & Fruit</p>	<p>2</p> <p>Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>3</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>4</p> <p><i>NO SCHOOL</i></p>
<p>7</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>8</p> <p>Goldfish & Fruit</p>	<p>9</p> <p>Nutrigrain Bar or Trix Cereal Bar & Fruit</p>	<p>10</p> <p><i>GoldFish & Fruit</i></p>	<p>11</p> <p><i>NO SCHOOL</i></p>
<p>14</p> <p>Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>15</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>16</p> <p>Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>17</p> <p><i>Cocoa Puffs Cereal bar & Fruit</i></p>	<p>18</p> <p>Chocolate Elf Grahams & Fruit</p>
<p>21</p> <p>Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>22</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>23</p> <p><i>NO SCHOOL</i></p>	<p>24</p> <p><i>NO SCHOOL</i></p>	<p>25</p> <p><i>NO SCHOOL</i></p>
<p>28</p> <p>Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>29</p> <p><i>Cheddar Chex Mix & Fruit</i></p>	<p>30</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>1</p> <p>Cinnamon Toast Crunch or Cocoa Puff Cereal Bar & Fruit</p>	<p>2</p> <p><i>Cheddar Chex Mix & Fruit</i></p>

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**Snack—serve 2 items from different component areas.


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	<p>1</p> <p>Scooby Grahams & Fruit</p>	<p>2</p> <p>Cheetos & Fruit</p>	<p>3</p> <p>Scooby Grahams & Fruit</p>	<p>4</p> <p>NO SCHOOL</p>
<p>7</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>8</p> <p>Nutrigrain Bar & Fruit</p>	<p>9</p> <p>Cheetos & Fruit</p>	<p>10</p> <p>Cocoa Puffs Cereal Bar & Fruit</p>	<p>11</p> <p>Cheddar Chex Mix & Fruit</p>
<p>14</p> <p>Trix Cereal Bar & Fruit</p>	<p>15</p> <p>Scooby Grahams & Fruit</p>	<p>16</p> <p>Nutrigrain Bar & Fruit</p>	<p>17</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>18</p> <p>Scooby Grahams & Fruit</p>
<p>21</p> <p>Cheddar Chex Mix & Fruit</p>	<p>22</p> <p>Trix Cereal Bar & Fruit</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>
<p>28</p> <p>Scooby Grahams & Fruit</p>	<p>29</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>30</p> <p>Cheddar Chex Mix & Fruit</p>	<p>1</p> <p>Trix Cereal Bar & Fruit</p>	<p>2</p> <p>Cheetos & Fruit</p>

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	<p>1</p> <p>Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>2</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>3</p> <p>Cheddar Chex Mix & Fruit</p>	<p>4</p> <p>Marshmallow Treat & Fruit</p>
<p>7</p> <p>Scooby Grahams & Fruit</p>	<p>8</p> <p>Cheddar Chex Mix & Fruit</p>	<p>9</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>10</p> <p>Bug Bites & Fruit</p>	<p>11</p> <p>Cheez-Its & Fruit</p>
<p>14</p> <p>Cheez-Its & Fruit</p>	<p>15</p> <p>Marshmallow Treat & Fruit</p>	<p>16</p> <p>Scooby Grahams & Fruit</p>	<p>17</p> <p>Cheddar Chex Mix & Fruit</p>	<p>18</p> <p>Cheez-Its & Fruit</p>
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	<p>1</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>2</p> <p>Marshmallow Treat & Fruit</p>	<p>3</p> <p>Uncrustables, Chocolate Elf Grahams & Fruit</p>	<p>4</p> <p>NO SCHOOL</p>
<p>7</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>8</p> <p>Scooby Grahams & Fruit</p>	<p>9</p> <p>Marshmallow Treat & Fruit</p>	<p>10</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>11</p> <p>Goldfish & Fruit</p>
<p>14</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>15</p> <p>Marshmallow Treat & Fruit</p>	<p>16</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>17</p> <p>Scooby Grahams & Fruit</p>	<p>18</p> <p>Goldfish & Fruit</p>
<p>21</p> <p>Marshmallow Treat & Fruit</p>	<p>22</p> <p>Scooby Grahams & Fruit</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>
<p>28</p> <p>Chocolate Elf Grahams & Fruit</p>	<p>29</p> <p>Goldfish & Fruit</p>	<p>30</p> <p>Marshmallow Treat & Fruit</p>	<p>1</p> <p>Chocolate Chip Oat Bars & Fruit</p>	<p>2</p> <p>Scooby Grahams & Fruit</p>

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	<p>1</p> <p>Goldfish & Fruit</p>	<p>2</p> <p>Marshmallow Treat & Fruit</p>	<p>3</p> <p>Chocolate Chip Oat Bar & Fruit</p>	<p>4</p> <p>Cheez-Its & Fruit</p>
<p>7</p> <p>NO SCHOOL</p>	<p>8</p> <p>NO SCHOOL</p>	<p>9</p> <p>Cheetos & Fruit</p>	<p>10</p> <p>Scooby Grahams & Fruit</p>	<p>11</p> <p>Cheez-Its & Fruit</p>
<p>14</p> <p>Bug Bites & Fruit</p>	<p>15</p> <p>Cheetos & Fruit</p>	<p>16</p> <p>Scooby Grahams & Fruit</p>	<p>17</p> <p>Cheddar Chex Mix & Fruit</p>	<p>18</p> <p>Cheetos & Fruit</p>
<p>21</p> <p>Cheetos & Fruit</p>	<p>22</p> <p>Scooby Grahams & Fruit</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>
<p>28</p> <p>Chocolate Chip Oat Bar & Fruit</p>	<p>29</p> <p>Cheddar Chex Mix & Fruit</p>	<p>30</p> <p>Cheetos & Fruit</p>	<p>1</p> <p>Cheez-Its & Fruit</p>	<p>2</p> <p>Marshmallow Treat & Fruit</p>

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	<p>1</p> <p>AM: Trix, Nutrigrain Bar, Fruit, & milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>2</p> <p>AM: Trix, Nutrigrain Bar, Fruit, & milk</p> <p>PM: Goldfish & Fruit</p>	<p>3</p> <p>AM: Trix, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>4</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Cheetos & Fruit</p>
<p>7</p> <p>AM: Trix, Nutrigrain Bar, Fruit, & milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>8</p> <p>NO SCHOOL</p>	<p>9</p> <p>AM: Cinnamon Toast Crunch, Cocoa Puffs Cereal Bar, Fruit, & milk</p> <p>Cheddar Chex Mix & Fruit</p>	<p>10</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>11</p> <p>AM: Trix, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>
<p>14</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams & Fruit</p>	<p>15</p> <p>AM: Trix, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>16</p> <p>AM: Cocoa Puffs, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>17</p> <p>AM: Cinnamon Toast Crunch, Trix Cereal Bar, Fruit, & milk</p> <p>PM: Cheddar Chex Mix & Fruit</p>	<p>18</p> <p>AM: Trix, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams & Fruit</p>
<p>21</p> <p>AM: Cinnamon Toast Crunch, Trix Cereal Bar, Fruit, & milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>22</p> <p>AM: Cocoa Puffs, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Cheddar Chex Mix & Fruit</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>
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Site Name: Rossford Canine Crew

Month: November

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<p>7 Scooby Grahams, Fruit, Cheese Stick</p>	<p>8 CLOSED</p>	<p>9 Marshmallow Treat, Fruit, Cheese Stick</p>	<p>10 Munchies, Fruit, Cheese Stick</p>	
				

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