

Site Name: **Conneaut**

Month: **January**

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>2</p> <p>No School</p>	<p>3</p> <p>No School</p>	<p>4</p> <p>Bug or Tiger Bites & Fruit</p>	<p>5</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>6</p> <p><i>Scooby Grahams & Fruit</i></p>
<p>9</p> <p>Cheez-Its & Fruit</p>	<p>10</p> <p>Cheddar Chex Mix & Fruit</p>	<p>11</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>12</p> <p>Cheddar Chex Mix & Fruit</p>	<p>13</p> <p>Bug or Tiger Bites & Fruit</p>
<p>16</p> <p>No School</p>	<p>17</p> <p>Cheez-Its & Fruit</p>	<p>18</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>19</p> <p>Bug or Tiger Bites & Fruit</p>	<p>20</p> <p><i>Scooby Grahams & Fruit</i></p>
<p>23</p> <p>Cheddar Chex Mix & Fruit</p>	<p>24</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>25</p> <p>Cheez-Its & Fruit</p>	<p>26</p> <p>Bug or Tiger Bites & Fruit</p>	<p>27</p> <p><i>Scooby Grahams & Fruit</i></p>
<p>30</p> <p>Cheddar Chex Mix & Fruit</p>	<p>31</p> <p>Cheez-Its & Fruit</p>	<p>1</p> <p>Bug or Tiger Bites & Fruit</p>	<p>2</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>3</p> <p><i>Scooby Grahams & Fruit</i></p>

* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>2 No School</p>	<p>3 No School</p>	<p>4 AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk PM: Goldfish & Fruit</p>	<p>5 AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal bar, Fruit, and Milk PM: Cheddar Chex Mix & Fruit</p>	<p>6 AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, and Milk PM: Cheetos & Fruit</p>
<p>9 AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Cheddar Chex Mix & Fruit</p>	<p>10 AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, & Milk PM: Goldfish & Fruit</p>	<p>11 AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, and Milk PM: Cheddar Chex Mix & Fruit</p>	<p>12 AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Goldfish & Fruit</p>	<p>13 AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, & Milk PM: Cheetos & Fruit</p>
<p>16 No School</p>	<p>17 AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Goldfish & Fruit</p>	<p>18 AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, and Milk PM: Cheetos & Fruit</p>	<p>19 AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal bar, Fruit, and Milk PM: Cheddar Chex Mix & Fruit</p>	<p>20 AM: Cheerios, Trix Cereal Bar, Fruit, & Milk PM: Goldfish & Fruit</p>
<p>23 AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal bar, Fruit, and Milk PM: Cheddar Chex Mix & Fruit</p>	<p>24 AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, and Milk PM: Cheetos & Fruit</p>	<p>25 AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Goldfish & Fruit</p>	<p>26 AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, and Milk PM: Cheetos & Fruit</p>	<p>27 AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal bar, Fruit, and Milk PM: Cheddar Chex Mix & Fruit</p>
<p>30 AM: Cheerios, Trix Cereal Bar, Fruit, & Milk PM: Cheetos & Fruit</p>	<p>31 AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal bar, Fruit, and Milk PM: Cheddar Chex Mix & Fruit</p>	<p>1 AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, and Milk PM: Goldfish & Fruit</p>	<p>2 AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk PM: Cheddar Chex Mix & Fruit</p>	<p>3 AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, & Milk PM: Cheetos & Fruit</p>

* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

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Site Name: Eastwood

Month: *January*

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>2</p> <p>No School</p>	<p>3</p> <p>Marshmallow Treat & Fruit</p>	<p>4</p> <p>Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>5</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>6</p> <p><i>Cheez-Its & fruit</i></p>
<p>9</p> <p>Cheetos & Fruit</p>	<p>10</p> <p>Marshmallow Treat & Fruit</p>	<p>11</p> <p>Trix or Cocoa Puffs Cereal Bar & Fruit</p>	<p>12</p> <p><i>Cheez-Its & fruit</i></p>	<p>13</p> <p>No School</p>
<p>16</p> <p>No School</p>	<p>17</p> <p><i>Cheez-Its & fruit</i></p>	<p>18</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>19</p> <p>Marshmallow Treat & Fruit</p>	<p>20</p> <p><i>Cheddar Chex Mix & fruit</i></p>
<p>23</p> <p><i>Cheddar Chex Mix & fruit</i></p>	<p>24</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>25</p> <p><i>Cheez-Its & fruit</i></p>	<p>26</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>27</p> <p><i>Cheddar Chex Mix & fruit</i></p>
<p>30</p> <p><i>Cheddar Chex Mix & fruit</i></p>	<p>31</p> <p>Cinnamon Toast Crunch Cereal Bar & Fruit</p>	<p>1</p> <p>Cheetos & Fruit</p>	<p>2</p> <p>Marshmallow Treat & Fruit</p>	<p>3</p> <p><i>Cheez-Its & fruit</i></p>

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

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Site Name: Kenwood

Month: *January*

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>2</p> <p>No School</p>	<p>3</p> <p>No School</p>	<p>4</p> <p><i>Cheetos & fruit</i></p>	<p>5</p> <p>Bug Bites & fruit</p>	<p>6</p> <p>Marshmallow Treat & Fruit</p>
<p>9</p> <p>Bug Bites & fruit</p>	<p>10</p> <p><i>Cheddar Chex Mix & Fruit</i></p>	<p>11</p> <p>Nutrigrain Bar & fruit</p>	<p>12</p> <p>Marshmallow Treat & Fruit</p>	<p>13</p> <p>Bug Bites & fruit</p>
<p>16</p> <p>No School</p>	<p>17</p> <p>Bug Bites & fruit</p>	<p>18</p> <p>Marshmallow Treat & Fruit</p>	<p>19</p> <p><i>Chocolate Elf(or tiger) Grahams & Fruit</i></p>	<p>20</p> <p>Bug Bites & fruit</p>
<p>23</p> <p>Marshmallow Treat & Fruit</p>	<p>24</p> <p><i>Cheetos & fruit</i></p>	<p>25</p> <p>Bug Bites & fruit</p>	<p>26</p> <p><i>Chocolate Elf(or tiger) Grahams & Fruit</i></p>	<p>27</p> <p>Marshmallow Treat & Fruit</p>
<p>30</p> <p>Bug Bites & fruit</p>	<p>31</p> <p>Marshmallow Treat & Fruit</p>	<p>1</p> <p><i>Cheetos & fruit</i></p>	<p>2</p> <p><i>Chocolate Elf(or tiger) Grahams & Fruit</i></p>	<p>3</p> <p>Bug Bites & fruit</p>

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**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: Lake

Month: *January*

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>2</p> <p>No School</p>	<p>3</p> <p><i>Bug Bites & Fruit</i></p>	<p>4</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>5</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>6</p> <p><i>Cheetos & Fruit</i></p>
<p>9</p> <p>Cheez-Its & fruit</p>	<p>10</p> <p><i>Cheetos & Fruit</i></p>	<p>11</p> <p><i>Bug Bites & Fruit</i></p>	<p>12</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>13</p> <p>Chocolate Chip Oatmeal Bar & Fruit</p>
<p>16</p> <p>No School</p>	<p>17</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>18</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>19</p> <p><i>Bug Bites & Fruit</i></p>	<p>20</p> <p><i>Cheetos & Fruit</i></p>
<p>23</p> <p><i>Cheetos & Fruit</i></p>	<p>24</p> <p><i>Bug Bites & Fruit</i></p>	<p>25</p> <p>Chocolate Chip Oatmeal Bar & Fruit</p>	<p>26</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>27</p> <p><i>Cheetos & Fruit</i></p>
<p>30</p> <p><i>Cheetos & Fruit</i></p>	<p>31</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>1</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>2</p> <p>Chocolate Chip Oatmeal Bar & Fruit</p>	<p>3</p> <p><i>Bug Bites & Fruit</i></p>

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**Snack—serve 2 items from different component areas.

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Site Name:North Baltimore

Month: January

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>2</p> <p>No School</p>	<p>3</p> <p>Goldfish & Fruit</p>	<p>4</p> <p>Marshmallow Treat & Fruit</p>	<p>5</p> <p>Goldfish & Fruit</p>	<p>6</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>
<p>9</p> <p>Scooby Grahams & Fruit</p>	<p>10</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>	<p>11</p> <p>Goldfish & Fruit</p>	<p>12</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>	<p>13</p> <p>Goldfish & Fruit</p>
<p>16</p> <p>No School</p>	<p>17</p> <p>Goldfish & Fruit</p>	<p>18</p> <p>Marshmallow Treat & Fruit</p>	<p>19</p> <p>Goldfish & Fruit</p>	<p>20</p> <p>Scooby Grahams & Fruit</p>
<p>23</p> <p>Goldfish & Fruit</p>	<p>24</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>	<p>25</p> <p>Goldfish & Fruit</p>	<p>26</p> <p>Scooby Grahams & Fruit</p>	<p>27</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>
<p>30</p> <p>Scooby Grahams & Fruit</p>	<p>31</p> <p>Goldfish & Fruit</p>	<p>1</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>	<p>2</p> <p>Goldfish & Fruit</p>	<p>3</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>

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**Snack—serve 2 items from different component areas.

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Site Name: Northwood

Month: January

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>2</p> <p>No School</p>	<p>3</p> <p>No School</p>	<p>4</p> <p>No School</p>	<p>5</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>6</p> <p><i>Cheez-its & Fruit</i></p>
<p>9</p> <p>Goldfish & Fruit</p>	<p>10</p> <p><i>Cheez-its & Fruit</i></p>	<p>11</p> <p>Goldfish & Fruit</p>	<p>12</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>13</p> <p>Goldfish & Fruit</p>
<p>16</p> <p>No School</p>	<p>17</p> <p>Goldfish & Fruit</p>	<p>18</p> <p><i>Cheez-its & Fruit</i></p>	<p>19</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>20</p> <p>Goldfish & Fruit</p>
<p>23</p> <p><i>Cheez-its & Fruit</i></p>	<p>24</p> <p>Goldfish & Fruit</p>	<p>25</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>26</p> <p>Goldfish & Fruit</p>	<p>27</p> <p><i>Cheez-its & Fruit</i></p>
<p>30</p> <p><i>Cheez-its & Fruit</i></p>	<p>31</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>1</p> <p><i>Cheez-its & Fruit</i></p>	<p>2</p> <p>Goldfish & Fruit</p>	<p>3</p> <p><i>Scooby Grahams & Fruit</i></p>

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

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<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
<p>2</p> <p><i>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p>PM: Goldfish & Fruit</p>	<p>3</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>4</p> <p><i>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, & milk</i></p> <p>PM: Cheetos & Fruit</p>	<p>5</p> <p>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>6</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Cheez-its & Fruit</p>
<p>9</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p>	<p>10</p> <p><i>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p>PM: Goldfish & Fruit</p>	<p>11</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>12</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Cheetos & Fruit</p>	<p>13</p> <p>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Cheez-its & Fruit</p>
<p>16</p> <p>No School</p>	<p>17</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>18</p> <p><i>AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, & Milk</i></p> <p>PM: Goldfish & Fruit</p>	<p>19</p> <p><i>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p>PM: Marshmallow Treat & Fruit</p>	<p>20</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Cheez-its & Fruit</p>
<p>23</p> <p><i>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, & milk</i></p> <p>PM: Cheddar Chex Mix & Fruit</p>	<p>24</p> <p>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Cheetos & Fruit</p>	<p>25</p> <p><i>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & milk</i></p> <p>PM: Cheez-its & Fruit</p>	<p>26</p> <p>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>	<p>27</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Cheez-its & Fruit</p>
<p>30</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Cheez-its & Fruit</p>	<p>31</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>	<p>1</p> <p>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Cheetos & Fruit</p>	<p>2</p> <p><i>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, & milk</i></p> <p>PM: Scooby Grahams & Fruit</p>	<p>3</p> <p><i>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</i></p> <p>PM: Goldfish & Fruit</p>

* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

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