


<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
			<p>1</p> <p>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>2</p> <p>AM: Trix Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams</p>
<p>5</p> <p>AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>	<p>6</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>7</p> <p>AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>8</p> <p>AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & milk</p> <p>PM: Goldfish & Fruit</p>	<p>9</p> <p>AM: Trix Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams</p>
<p>12</p> <p>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, & milk</p> <p>PM: Chocolate Elf Grahams</p>	<p>13</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & milk</p> <p>PM: Goldfish & Fruit</p>	<p>14</p> <p>AM: Trix Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>15</p> <p>AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & milk</p> <p>PM: Chocolate Elf Grahams</p>	<p>16</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>
<p>19</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & milk</p> <p>PM: Scooby Grahams & Fruit</p>	<p>20</p> <p>AM: Trix Cereal, Nutrigrain Bar, Fruit, & Milk</p> <p>PM: Goldfish & Fruit</p>	<p>21</p> <p>No School</p>	<p>22</p> <p>No School</p>	<p>23</p> <p>No School</p>
<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>	<p>28</p> <p>No School</p>	<p>29</p> <p>No School</p>	<p>30</p> <p>No School</p>


* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: **Conneaut**


Month: December

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
			<p>1</p> <p><i>Trix or Cocoa Puffs Cereal Bar & Fruit</i></p>	<p>2</p> <p><i>Scooby Grahams & Fruit</i></p>
<p>5</p> <p><i>Cheez-Its & Fruit</i></p>	<p>6</p> <p><i>Bug or Tiger Bites & Fruit</i></p>	<p>7</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>8</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>9</p> <p><i>Cheddar Chex Mix & Fruit</i></p>
<p>12</p> <p><i>Cheez-Its & Fruit</i></p>	<p>13</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>14</p> <p><i>Bug or Tiger Bites & Fruit</i></p>	<p>15</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>16</p> <p><i>Cheddar Chex Mix & Fruit</i></p>
<p>19</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>20</p> <p><i>Bug or Tiger Bites & Fruit</i></p>	<p>21</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>22</p> <p><i>No School</i></p>	<p>23</p> <p><i>No School</i></p>
<p>26</p> <p><i>No School</i></p>	<p>27</p> <p><i>No School</i></p>	<p>28</p> <p><i>No School</i></p>	<p>29</p> <p><i>No School</i></p>	<p>30</p> <p><i>No School</i></p>

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**Snack—serve 2 items from different component areas.

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<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
			<p>1</p> <p>AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Cheddar Chex Mix & Fruit</p>	<p>2</p> <p>AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal bar, Fruit, and Milk</p> <p>PM: Marshmallow Treat & Fruit</p>
<p>5</p> <p>AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf grahams & fruit</p>	<p>6</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Cheddar Chex Mix & Fruit</p>	<p>7</p> <p>AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal bar, Fruit, and Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>8</p> <p>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, and Milk</p> <p>PM: Cheetos & Fruit</p>	<p>9</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Trix Cereal Bar & Fruit</p>
<p>12</p> <p>AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Nutrigrain Bar & Fruit</p>	<p>13</p> <p>AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Scooby Grahams & fruit</p>	<p>14</p> <p>AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams & Fruit</p>	<p>15</p> <p>AM: Cocoa Puffs Cereal, Trix Cereal Bar, Fruit, and Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>16</p> <p>AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal bar, Fruit, and Milk</p> <p>PM: Nutrigrain Bar & Fruit</p>
<p>19</p> <p>AM: Cheerios, Trix Cereal Bar, Fruit, & Milk</p> <p>PM: Chocolate Elf Grahams & Fruit</p>	<p>20</p> <p>AM: Cocoa Puffs Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, & Milk</p> <p>PM: Marshmallow Treat & Fruit</p>	<p>21</p> <p>No School</p>	<p>22</p> <p>No School</p>	<p>23</p> <p>No School</p>
<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>	<p>28</p> <p>No School</p>	<p>29</p> <p>No School</p>	<p>30</p> <p>No School</p>

* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.


**Snack—serve 2 items from different component areas. This Institution is an Equal Opportunity Provider

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
			<p>1</p> <p><i>Cinnamon Toast Crunch Cereal Bar/Cocoa Puffs Cereal bar & Fruit</i></p>	<p>2</p> <p><i>Cheddar Chex Mix & Fruit</i></p>
<p>5</p> <p><i>Cheddar Chex Mix & Fruit</i></p>	<p>6</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>7</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>	<p>8</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>9</p> <p><i>Marshmallow Treat & Fruit</i></p>
<p>12</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>	<p>13</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>14</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>15</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>16</p> <p><i>Cheetos & Fruit</i></p>
<p>19</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>20</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>	<p>21</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>22</p> <p><i>No School</i></p>	<p>23</p> <p><i>No School</i></p>
<p>26</p> <p><i>No School</i></p>	<p>27</p> <p><i>No School</i></p>	<p>28</p> <p><i>No School</i></p>	<p>29</p> <p><i>No School</i></p>	<p>30</p> <p><i>No School</i></p>

* *Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

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<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
			<p>1 <i>Cheddar Chex Mix & Fruit</i></p>	<p>2 <i>Chocolate Elf(or tiger) Grahams & Fruit</i></p>
<p>5 <i>Scooby Grahams & Fruit</i></p>	<p>6 <i>Nutrigrain Bar & fruit</i></p>	<p>7 <i>Marshmallow Treat & Fruit</i></p>	<p>8 <i>Cocoa Puffs Cereal Bar & fruit</i></p>	<p>9 <i>Cheetos & fruit</i></p>
<p>12 <i>Bug Bites & fruit</i></p>	<p>13 <i>Cheetos & fruit</i></p>	<p>14 <i>Scooby Grahams & Fruit</i></p>	<p>15 <i>Chocolate Elf(or tiger) Grahams & Fruit</i></p>	<p>16 <i>Nutrigrain Bar & fruit</i></p>
<p>19 <i>Bug Bites & fruit</i></p>	<p>20 <i>Nutrigrain Bar & fruit</i></p>	<p>21 <i>Cheddar Chex Mix & Fruit</i></p>	<p>22 <i>No School</i></p>	<p>23 <i>No School</i></p>
<p>26 <i>No School</i></p>	<p>27 <i>No School</i></p>	<p>28 <i>No School</i></p>	<p>29 <i>No School</i></p>	<p>30 <i>No School</i></p>


* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: Lake

Month: December

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
			<p>1</p> <p><i>Scooby Grahams & Fruit</i></p>	<p>2</p> <p><i>Bug Bites & Fruit</i></p>
<p>5</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>6</p> <p><i>Chocolate Chip Oatmeal Bar & Fruit</i></p>	<p>7</p> <p><i>Chocolate Elf Grahams & Fruit</i></p>	<p>8</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>9</p> <p><i>Strawberry Yogurt Chex Mix & Fruit</i></p>
<p>12</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>13</p> <p><i>Bug Bites & Fruit</i></p>	<p>14</p> <p><i>Cinnamon Toast Crunch Cereal Bar & Fruit</i></p>	<p>15</p> <p><i>Cheddar Chex Mix & fruit</i></p>	<p>16</p> <p><i>Scooby Grahams & Fruit</i></p>
<p>19</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>20</p> <p><i>Bug Bites & Fruit</i></p>	<p>21</p> <p><i>Cheddar Chex Mix & fruit</i></p>	<p>22</p> <p><i>No School</i></p>	<p>23</p> <p><i>No School</i></p>
<p>26</p> <p><i>No School</i></p>	<p>27</p> <p><i>No School</i></p>	<p>28</p> <p><i>No School</i></p>	<p>29</p> <p><i>No School</i></p>	<p>30</p> <p><i>No School</i></p>


* *Breakfast—offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

**Snack—serve 2 items from different component areas.

This Institution is an Equal Opportunity Provider

Site Name: North Baltimore


Month: *December*

<p>Monday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Tuesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Wednesday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Thursday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>	<p>Friday</p> <p>AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains</p> <p>PM- **Serve child the following: 1 Fruit and 1 Grain</p>
			<p>1</p> <p><i>Chocolate Chip Oatmeal bar & Fruit</i></p>	<p>2</p> <p><i>Scooby Grahams & Fruit</i></p>
<p>5</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>	<p>6</p> <p><i>Chocolate Chip Oatmeal Bars & fruit</i></p>	<p>7</p> <p><i>Goldfish & Fruit</i></p>	<p>8</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>9</p> <p><i>Goldfish & Fruit</i></p>
<p>12</p> <p><i>Chocolate Tiger Bites & Fruit</i></p>	<p>13</p> <p><i>Goldfish & Fruit</i></p>	<p>14</p> <p><i>Chocolate Chip Oatmeal Bars & Fruit</i></p>	<p>15</p> <p><i>Goldfish & Fruit</i></p>	<p>16</p> <p><i>Scooby Grahams & fruit</i></p>
<p>19</p> <p><i>Marshmallow Treat & Fruit</i></p>	<p>20</p> <p><i>Goldfish & Fruit</i></p>	<p>21</p> <p><i>No School</i></p>	<p>22</p> <p><i>No School</i></p>	<p>23</p> <p><i>No School</i></p>
<p>26</p> <p><i>No School</i></p>	<p>27</p> <p><i>No School</i></p>	<p>28</p> <p><i>No School</i></p>	<p>29</p> <p><i>No School</i></p>	<p>30</p> <p><i>No School</i></p>

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			<p>1 <i>Cheez-Its & Fruit</i></p>	<p>2 <i>Marshmallow Treat & Fruit</i></p>
<p>5 <i>Bug Bites & Fruit</i></p>	<p>6 <i>Chocolate Chip Oatmeal Bar & Fruit</i></p>	<p>7 <i>Marshmallow Treat & Fruit</i></p>	<p>8 <i>Cheddar Chex Mix & Fruit</i></p>	<p>9 <i>Scooby Grahams & Fruit</i></p>
<p>12 <i>Scooby Grahams & Fruit</i></p>	<p>13 <i>Cheez-Its & Fruit</i></p>	<p>14 <i>Cheddar Chex Mix & Fruit</i></p>	<p>15 <i>Chocolate Chip Oatmeal Bar & Fruit</i></p>	<p>16 <i>Scooby Grahams & Fruit</i></p>
<p>19 <i>Chocolate Chip Oatmeal Bar & Fruit</i></p>	<p>20 <i>Cheddar Chex Mix & Fruit</i></p>	<p>21 <i>No School</i></p>	<p>22 <i>No School</i></p>	<p>23 <i>No School</i></p>
<p>26 <i>No School</i></p>	<p>27 <i>No School</i></p>	<p>28 <i>No School</i></p>	<p>29 <i>No School</i></p>	<p>30 <i>No School</i></p>

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